



Pangman School

February 2015

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February begins with many students breathing a sigh of relief and welcome the upcoming break after writing mid-term and final exams. Our younger students have enjoyed the warmer weather during recess and other outdoor activities.

We are looking forward to the annual Jump Rope for Heart fundraiser on February 13. Students will be collecting donations for this cause. We are also welcoming back the group from the Missoula Children's Theatre as they prepare our students for another incredible performance. The production of Aladdin will be on Saturday, March 14. Be sure to book your table today.

There are still two Cornerstone Tomorrow Public Consultation meetings coming up in February. Please take the time to have your say by completing the survey. You will find the details on page four.

We hope you all enjoy the February Break.
From the staff of Pangman School.



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Dates to Remember

February

- 5- Wacky Hair Day
- 6- Panther Pride Day
- 10-12- Candy Gram Sales at noon
- 13- Jump Rope for Heart
- 13- Wear Red and Pink
- 13- Candy Gram Delivery
- 16-20- Spring Break
- 27- Super Hero Day

***No Breakfast Club on Tuesdays and Thursdays.**

March

- 9-13- Missoula rehearsals
- 14- Missoula Children's Theatre production of Aladdin



Missoula Children's Theatre is returning to Pangman School for the week of March 9 - 14 to work with our students for a musical production of Aladdin. This is a wonderful opportunity for our students to experience being a participant in a musical production. However, it is quite a costly venture. To help us cover our expenses, we are looking for donations of suitable items for raffle prizes and silent auction items for the evening of Saturday, March 14. Please contact the school office (306) 442 - 2051 or a staff member if you wish to support Pangman School's Missoula experience in this way. Thank you.

Stories by Grade 1 Students

Icy Princess

By Hannah

Once upon a beautiful winter day there was a beautiful princess. The princess lived in a castle. She had to clean it. She had to clean her clothes. It wasn't fun to do that but she had to. The people lived in a small little village but the princess had a messy castle. She always had to clean her castle. And the people had to clean their house too but the princess had to clean more than them. But the princess didn't have to do that anymore. The people had to clean her castle because they were being bad.

Steve and the Grizzly Bear

By T.J.

Once upon a stormy winter night there was a little rabbit Named Steve. He liked to adventure around and then He Ran into a grizzly bear. He started to dig as fast as he Could and then a wolf started to fight the grizzly bear A honey badger came to fight and an eagle came to. The eagle picked the grizzly bear and dropped it. The grizzly bear broke its back then it died.

Max and the Fire

By Jonathan

Once upon a cold winter day in a village there was a boy named Max. He lived in a brown house. He used to live in an old blue house. He moved to the brown house because the blue one burned down because of a spark. So they moved to the brown house but the brown house burned down. They were having a campfire. So they moved to a yellow house and had an afternoon campfire.

Students of the Month for January



K-2: for the effort he has made to improve his reading skills during the month of January 2015.



Grades 3-5: for his extra effort in completing his assignments neatly and carefully during class time during the month of January, 2015.



Grades 6-8: has shown marked improvements in his attitude in the classroom, participation in classroom discussions and activities and in completion of homework. Keep up the great work!



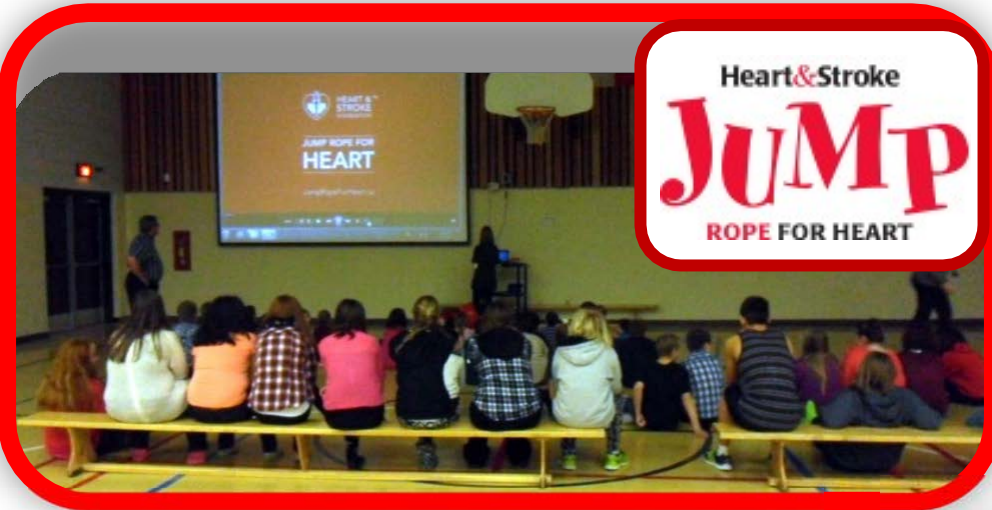
Grades 9-10: for his excellent mark on his English final.



Grades 11-12:

They both receive student of the month for their excellent planning, preparation and presentation of their Media Studies 20 final project.

"Success and achievement for every student."



A representative from the Heart and Stroke Foundation gave students some information on the annual Jump Rope for Heart fundraiser. This year's Jump Rope for Heart will take place on **February 13** for Kindergarten to Grade 12 students. Your donations and support are greatly appreciated.



Congratulations to the Grade 3, 4, and 5 students who won for highest percentage of students who participated in the Animal Dress Up Day.



Students learned all about curling from the Rocks and Rings presentation on January 14. They even got to practice their new skills!



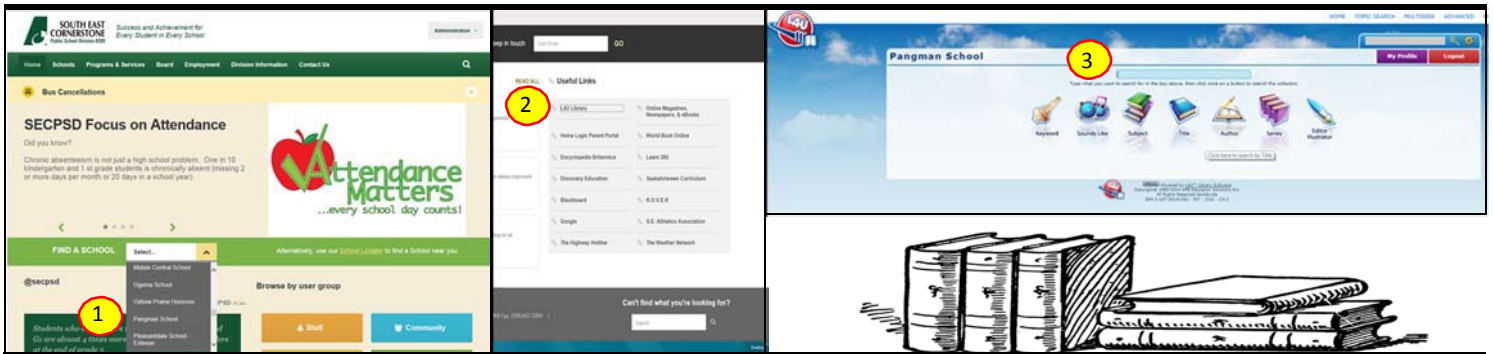
The Grade 11 and 12 students proudly accept the Pangman School Spirit Award for our monthly Panther Pride Day. *Go Panthers!*



What's New in the Library?

Big news! Students can now sign out books on their own on days that Ms. Kessler isn't in the library. Many students have successfully tried out this exciting new system.

Did you know that you can search for books in our library from your own computer? A new system has been put in place and now everyone can search for books in the South East Cornerstone School Division! Simply search for Pangman School on the school division's website (1), then click "L4U Library" near the bottom of the page (2). Search using the options listed (3).



Cornerstone Tomorrow

Community Consultations - Invitation

The Board of Education of SECPD invites you to participate in a consultation process. Your voice is important. Are you a parent, a grandparent, an uncle, a neighbour, a church member, a business owner, a community member, an employee, a student? Whomever you are, your voice is invited.

What is Cornerstone Tomorrow?

Cornerstone Tomorrow is a public consultation initiative through which the Board of Education is requesting input into future planning for the South East Cornerstone Public School Division.

How can you participate?

You may choose to attend one evening of a series of community engagement activities which will occur across the division and provide an opportunity for stakeholders to both learn about the current priorities and provide insight and feedback on their interests for the future education in SECPD. Or, if you are unable to attend in person, you may choose to participate through a public survey which can be found on this page at a link that will open during the final week of January and the first week of February.

Upcoming Public Consultation Meetings (All meetings will be held from 7:00 to 9:30 PM)

Monday, February 2/15 - Radville Regional High School, 602 Main Street, Radville

Tuesday, February 3/15 - McNaughton High School, 906 Gordon Street, Moosomin

Online Community-Public Survey

The survey will be open from January 26 to and including February 5. Everyone who completes the survey is eligible for a draw for one of twenty \$10 Tim Horton's cards.

Visit South East Cornerstone's website to click on the link to take the survey or type it directly into your browser. <http://www.esrealitycheck.com/survey/index.asp?i=1338833>.

Thank you for your participation!

BADMINTON

The badminton season is upon us. Senior badminton will begin during early February with Rookie and Junior starting mid-February.



Breakfast Club - Important Information



Until further notice, there will not be Breakfast Club on Tuesday and Thursday mornings. We are looking for volunteers to run Breakfast Club before school on these days so we can offer a healthy breakfast to students every day. Please contact the school if you can help. Thank you.

All in the Family

Family meals are important. Adults who have regular meals eat better, are healthier and less likely to overeat. Children who have meals with family not only eat better and are healthier; they learn to socialize and do better in school. With hectic lives and schedules, families tend to eat on the run rather than have family meals together.

*Is it a challenge to plan family meals? **Start with breakfast.**
With some prep the night before and each family member helping, you can all start your day together!*

A Little More time:

EGG PIZZA

Serves 4 and takes 15-20 minutes

Ingredients

4 English muffins
vegetable oil
tomato slices
2 hard-cooked eggs, sliced
grated cheese
oregano
salt



Directions

- Toast 8 English-muffin halves and place on a cookie sheet.
- Drizzle each with vegetable oil.
- Layer on tomato slices, egg slices (1/2 egg each), and a little grated cheese.
- Sprinkle with oregano
- Salt and pepper to taste.
- Broil 5 minutes or until the cheese melts.

Short on Time:

BREAKFAST PARFAIT

Serves 1

Ingredients

1/4 cup granola
1/2 cup plain yogurt
1 tablespoon maple syrup

Directions

- Place the granola in the bottom of a parfait glass or dish. Spoon the yogurt on top.
- Drizzle with syrup.



Here are more reasons to have family meals:

- Meals give a time and place to keep up with what is going on with everyone, help each other out, and tell family stories
- Meals help children learn to like a variety of food
- Meals keep food in its place as only one of life's great pleasures. You pay attention and enjoy it when it's time to eat, forget about it between times.

Everybody Does Better with Family Meals

SunCountry
HEALTH REGION

Distributed by Barb Wright, Public Health Nutritionist
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Written by the Public Health Nutritionist of Saskatchewan with support from Saskatchewan's 11 Health Regions (2015)



SECPD Focus on Attendance

Did you know?

Chronic absenteeism is not just a high school problem. One in 10 kindergarten and 1st grade students is chronically absent (missing 2 or more days per month or 20 days in a school year).



One study found that a student chronically absent any year between 8th grade and 12th grade was 7.4 times more likely to drop out of school.

The Importance of Reading with Your School-Aged Child

Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A"
reads **20 minutes**
each day

3600 minutes in
a school year

1,800,000 words



90th percentile

Student "B"
reads **5 minutes**
each day

900 minutes in
a school year

282,000 words



50th percentile

Student "C"
reads **1 minute**
each day

180 minutes in
a school year

8,000 words



10th percentile

By the end of 6th grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)

FEBRUARY 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 DAY 1	3 DAY 2	4 DAY 3	5 DAY 4	6 DAY 5	7
	KINDERGARTEN	Happy Birthday Callie	KINDERGARTEN	Wacky Hair Day	KINDERGARTEN  Panther Pride Day	
8	9 DAY 6	10 DAY 1	11 DAY 2	12 DAY 3	13 DAY 4	14
		KINDERGARTEN Candy Gram Sale 25 cents each	Candy Gram Sale 25 cents each	KINDERGARTEN Candy Gram Sale 25 cents each	Gr. 1-2 Care Home Dress in Red & Pink Hand out Candy Grams Jump Rope for Heart	Valentine's Day 
15	16	17	18	19	20	21
	Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School	
22	23 DAY 5	24 DAY 6	25 DAY 1	26 DAY 2	27 DAY 3	28
	KINDERGARTEN		KINDERGARTEN		KINDERGARTEN K-2 Library Super Hero Day	

