

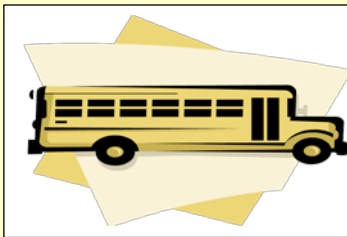


Pangman School

December 1, 2011

Inside This Issue

- 1 Students in Ottawa
- 2 Students of the Month
- 2 Christmas Programming
- 2 Mentorship Program
- 3 Volleyball Wrap Up
- 3 SRC Activities
- 4 Thank you - Photos
- 5 Upcoming Events



Bus Safety

**Bus Loading –
Unloading : For the
safety of everyone
please do not walk in
between or in front of
the buses. Walk behind
the bus or wait until the
bus leaves.**

Pangman Students visit Ottawa

Pangman High School students have the privilege of spending a week participating in Encounters with Canada - Canada's largest youth forum! Every week of the school year, 120 to 148 teens from across Canada (ages 14-17) come to Ottawa, where they discover their country through each other, learn about Canadian institutions, meet famous and accomplished Canadians, explore exciting career options, develop their civic leadership skills and live an extraordinary bilingual experience.

Young Canadians have the exciting opportunity to explore their interests in the Canadian legal system. Some visits include the Supreme Court of Canada and the historic Ottawa Jail. Participants also engage in a mock trial during the week, presided over by legal professionals whose presence, combined with an adherence to proper courtroom procedure, lends an aura of authenticity. It is an opportunity of a lifetime. If you are interested in participating please see www.ewc-rdc.ca/en/home.html.

Pangman students attending include Christie who is in Ottawa for the week of November 28 – December 2 with the emphasis on law. Also attending in the 2011-12 school year will be Shayla and Brittinay.

Message from the Principal

Students and school staff had a hectic month with Report Cards and 3 Way Conferences. It is always a pleasure to have parents in our school discussing student achievement. Participation in the conferences was strong and we thank all who came. For those who were unable to attend, please feel free to contact the school and every effort will be made to set up appointments if required.

The Christmas Season is fast approaching and with that, the school is busy preparing for many festive events. Students and staff are practising plays, songs and planning special activities. I encourage all family, friends, and community members to join us in the events so that you too can see the dedication and talents of our youth.

To all I wish a Safe and Merry Christmas season. I ask all Pangman School stakeholders to be active participants in the education process. We encourage all parents and community members to visit and contact the school if you should have any questions, concerns, or suggestions.

Laury Ryan

"Success and achievement for every student"

*November Students of
the Month*

November Students of the Month



Christmas Programming

Christmas Craft Class December 14, 3:30- 6:00 PM

The School Community Council and Wendy Colbow is pleased to present Christmas Crafts for our youth. 11 and under - 3:30 – 4:30 PM, 12 and older 5:00 – 6:00 PM. School Community Council is sponsoring the event. Sign up at the school if you are interested.

School Christmas Concert – December 20, 7:00 PM

You are invited to our Christmas Concert. Join us in celebrating the festive season. The program includes the 2010-11 Academic Awards Presentation, Christmas Carols, and two plays that will put you into the Christmas spirit. Join us in celebrating the hard work and talents of our students and staff. Please bring a non-perishable food item to be donated to the Regina Food Bank.

**Community Christmas Celebration December 22,
11:00 – 1:40**

The School Community Council, students, and staff of PANGMAN SCHOOL would like to invite you to our Christmas celebration on Thursday, December 22 starting at 11:00 at the Community Centre. Please join us for a wiener roast, sleigh rides, and Christmas activities. We also plan to go carolling to the homes of seniors in town. Students will be dismissed at 1:40 PM with the bus departing from the school at this time. Hope to see you at our celebration.

Mentorship Program

Pangman School Mentorship update, November 29, 2011.

I am pleased to announce that we have had 30 Mentors volunteer to be paired with a student in kindergarten to grade five. There have been 14 mentee forms returned. This will mean that some of our younger students will have the opportunity to build a positive relationship with students in grade 6 to grade 12!

The pairings will take place at the Pangman Staff meeting on Tuesday, December 6th. Introductory meetings may take place as early as Thursday, December 8th. I cannot express enough gratitude for how our Mentors have embraced the idea of being a positive role model in School and to be "Pioneers" in the Mentor program in our School.

Mark Penny, Student services counsellor.



**Curlers contact
Mrs. Myren to join the team!**

**Join the Mentorship Program
Contact the school if
interested!**

Follow Pangman School on Twitter where you can get all the events and happenings as they happen!



Find us at PangmanSchool
Sign up today.

Volleyball Wrap Up

The Pangman/Ogema Senior Girls Volleyball team has had an extremely busy year; although sadly it has come to an end. We played some exhibition games as well as many tournaments throughout the 2011 season. We didn't always win but we played our best.

The highlight of our season was on October 29th. We had our Home Tournament which was held in Ogema School. The teams attending were the following: Bengough, Gladmar, Stoughton, Radville, and Fillmore. We were very successful as we won the championship trophy defeating Stoughton in the third set. It was a long day but a very rewarding day. Mrs. Warren, Miss Hughes and the team would like to thank Brandon, Luis, Tori and Mrs. Casavant for helping out with the officiating. We know it was a hectic day and we appreciate your commitment.

On November 5th we went to conferences in Regina at Western Christian College. We came in third defeating Radville but unfortunately we were not eligible to move on. Only the top two teams are able to move on to Regionals.

In addition we would like to thank our coaches and parents for volunteering their time and vehicles/gas. Without you we could not have had a team. This strong parental support makes coaching/managing a team a much more enjoyable experience.

On a final note, we sadly say good-bye to our grade 12 players: Brea, Andrea, Megan, Leticia, Keyara, and Claire. We thank you girls for your dedication to the Sr. Girls Volleyball Team. In the future we hope that you continue to enjoy the wonderful sport of volleyball!



Grade 11- 12 win Panther Pride Day

The Junior Volleyball season was very successful this year. We played against many other teams in the area and were successful in many our matchups. The volleyball team also travelled to Avonlea for a one day tournament. The team did very well in this tournament, going undefeated until the finals. The Junior Volleyball team wrapped up the season with a trip to Wawota for Conference Playoffs. The team played 3 games and came home third in their pool. Overall, the Junior Volleyball team had a very successful year, which was due to their hard work throughout the season. I would like to take this opportunity to thank all the players for their dedication to the team, as well as recognize the tremendous support we received from parents and the community. As the season closes we look forward to next season and hope to have a successful team again next year!

SRC News and Activities

The SRC has wrapped up its annual QSP magazine fundraiser. All the paper orders have been sent away so the magazine subscriptions should begin in the next few weeks. Thank you to everyone who supported Pangman School by purchasing a magazine subscription.

The SRC has placed the school clothing order and the items are supposed to be here before Christmas break.

In November, the SRC hosted two spirit days. On Panther Pride Day, the grades 11 & 12 class won the Pangman School Spirit Award for having 100% participation. On Tropical Paradise Day, the K - 2 class won the trophy for having the highest percentage of participation. Upcoming Spirit Days include Panther Pride Day on December 2, Nerd Day on December 15 and Christmas Character Day on December 22.

The SRC will be hosting a **hot lunch on December 6** with pizza buns. All orders must be paid for by December 2. Pre-order forms were sent home on Monday and are also available online and from Mrs. Schwindt. Payment may be combined but please fill in a separate order form for each student.

Congratulations to the Super Troopers who won the Halloween Challenge on October 31 and received the Pangman School Challenge Award.

Congratulations to the T-rexes who won the SRC Recycle My Cell Phone Challenge. We overflowed our box provided by the Recycle My Cell program so we were very successful! We have already sent away a large box but still have some devices to send so if you still have a retired device gathering dust, please send it to school before Friday. Thank you to everyone who sent their retired devices and adapters to be recycled. Our school is eligible to win prizes as a result of participating in the national challenge.

Thank you to the Red Wing players, Coltyn Sanderson, Mitch Kilgore, Trent Hermary and Jesse Ross, who spent the afternoon of November 24 with the students at Pangman School. Good luck this season! We also wish to thank the Weyburn Inland Terminal, who sponsors the Red Wing school visits as well as donates prizes to be won by students. **December 16th is the game day** that our school is eligible to win prizes this year. All students were given four free tickets to attend the game. All you need to do to be eligible to win prizes is put your name on your ticket and attend the game. Last year, Zye Ferozdin won a laptop computer for our school.

Hometown Café is pleased to present a complimentary meal to one student randomly selected out of the RespectEd Bucket each month.

Thank you Hometown Café for helping recognize a deserving student
November - Traegan Quewezance

SRC Events - December

December 2
Panther Pride
Lunch orders due

December 6
Hot Lunch

December 14
Nerd Day

December 22
Christmas Character Day

Thank You

- Radius Credit Union for donating Halloween treat bags.
- Thank you to the students who participated and led the Remembrance Day ceremony on Nov. 10.
- Thank you to our Drivers Laura Tessier, Arla Hanson and Kerrie Johnson for the late departure on Globe Theater day.
- Weyburn Red Wings for a fun afternoon of floor hockey.
- Our Volleyball coaches Mrs. Warren Sr. Girls and Miss Cannon Jr. Developmental for the great year!
- Thank you to the organizers and all those contributing baked goods to the Grade 12 Bazaar.

Upcoming Events.....

School Bazaar

Saturday, December 3rd 10-4
Table rent \$10
Call Wendy Colbow 442-2192
or Kim Nyhus 454-2447

Christmas Arts and Crafts

11 and under 3:30-4:30
12 and Older 5:00 -6:00

Christmas Concert and Awards Program

Tuesday, December 20th at 7 pm

Pangman Community Christmas Celebration

Thursday, December 22 Community Center
11:00 to 1:40
Sleigh Rides -Bonfire - Wiener Roast - Carols
Everyone welcome!

Christmas Holidays

Students dismissed December 22 - 1:40 PM
Students return January 4, 2012

Photos

PANGMAN SCHOOL



Winners of the Halloween Challenge Award



Grade 3-5 in Photo with the Weyburn Red Wings



K-1-2 win the Tropical Paradise dress up day



Author- Songstress Marny Duncan-Cary entertains elementary students

PANGMAN SCHOOL

2011-2012 Yearbook Order Form

I wish to purchase _____ 2011-2012 Pangman School Yearbook(s) at \$15.00 per book.

Name: _____

Amount Enclosed: _____

I wish to be a 'sponsor' of the 2011-2012 Pangman School Yearbook. Minimum donation of sponsorship is \$10.00. Please use the following signature for my sponsorship.

Signature for Sponsorship:

Amounts:	Bronze:	\$10.00
	Silver:	\$20.00
	Gold:	\$50.00
	Platinum:	\$80.00

This year only the name and phone number of the business or organization will be listed.

Please return this form to Ms. Lisa Moon at Pangman School.
Make cheques payable to Pangman School.

Thank you for your support!



South East Cornerstone Early Learning and Care
 Coordinator: Sandi Klatt
 Tel: 636-7453 Fax: 634-8531
 Email: sandi.klatt@cornerstonesd.ca



EARLY CHILDHOOD BRAIN DEVELOPMENT

After your child is born, their brain continues to develop. Your child's brain is a work in progress. It is shaped by all the experiences your child encounters throughout each day by using their senses-what your child sees, hears, smells, touches and tastes. What your child is exposed to during the early years shapes their brain development.

From birth to age six are particularly important years for brain development. In the first year your child's brain doubles in size. By age three their brain is twice as active as an adult's. In fact, by the age of six, your child's brain is 90% developed! During these years billions of brain cells make connections. How strong these connections are depends on their early experiences. Our brains work on the motto "Use it or lose it".

Parents, family members, caregivers and community can make a huge difference in early brain growth. Babies and young children learn best through warm, loving caregiving. By holding, talking, singing and reading to young children, connections in the brain form – eventually trillions of connections. If a child cannot explore their surroundings, talk to people, be talked to, and experiment with a variety of things, their brain will stop being active.

Some of the things parents and community can do to keep your child's mind active and making connections are:

1. Breastfeed your child if possible. Breast milk is the ideal food for brain development.
2. Watch for what your child needs. If they are ill, hurt or upset, a warm response lets them know they are worthy, loved and important.
3. Protect your child from harm. By using consistent appropriate discipline and setting limits, they will feel less stress and know what is expected of them.
4. Talk, read and sing to your child
5. Encourage safe exploring and playing.
6. Teach your child what they are feeling and words to describe their feelings.
7. Have a predictable schedule so they know what to expect and can count on you.
8. Provide a nutritious diet.
9. Limit television because actively doing something with your child is better for learning.
10. Above all show your child you love them and form attachments with them.

So touch, talk, read, smile, sing, count and play with your child. It will help their brain development and help prepare them for a lifetime of learning.

References

Neuro Developmental Research, "Implications for Caregiver Practice" CCF/CICF 2011

American Association of Pediatrics. (2010). *A parent's guide to building resilience in children and teens: Giving your child roots and wings*. Retrieved June 2010 from <http://www.aap.org/stress/buildresTOC.htm>